

HOW DO YOU HEAL A WOUND?

If you are wounded, how do you get it to heal?



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What Steps Do You Take?

- Find out what caused the problem
- Clean the wound
- Put the proper medication on it
- Dress it/Bandage it
- Give it time to heal

What about Emotional or Spiritual Wounds?

Divorce, Job Loss, Friend Betrayal, etc.

Cleaning the Emotional/Spiritual Wound involves:

- Getting rid of impure or "get even" thoughts
- Eliminating bitterness or hatred
- Forgiveness...of words, actions, and deeds against you
- Asking God to show you any wicked way in you... Because you want to be able to communicate with Him
- Asking for gentleness, kindness, and goodness to be in your spirit man.... and that your body, soul and spirit act cooperatively and in cohesiveness.

Praise God in advance of receiving your healing,

Pray for inner peace,

Promote/Practice actions that reflect Christ's

character...

i.e. **Forgiveness, patience, love and joy.**